

Afghanistan Collection of maps on display at university library

TAYLOR MULLER
NEWS EDITOR

A new collection of historic maps and artifacts representing Afghanistan's rich and diverse history is now on display at the Criss Library.

The exhibit, "Land of Bones: Afghanistan in Historic Maps," opened on Tuesday with a presentation by Nigel Allan, titled "Passland and Plants: Mapping Afghanistan by the British and the Nazis."

Focusing on Afghanistan through maps and artifacts, Allan highlighted several areas of unique research into Afghanistan, including Nazi Germany's interest in the region and Afghanistan as a crossroads of commerce, culture and education.

Allan, a professor emeritus at the University of California-Davis, is a cultural geographer who has focused his research to the intercultural zone where South Asia meets Central Asia and the Middle East.

The event was well attended, with about 70 students and faculty listening to Allan's presentation. Particularly interested were other campus experts on Afghanistan.

"Hitler was interested because he believed this land to be the land of the Aryans," said Tom Gouttierre, dean of International Studies and Programs. "Hitler

sent several teams to classify the areas various plants so these Aryan plants might be cultivated in Germany and be used to feed the German Aryans, which was a theme I had not heard of before."

The display is but a small part of the Arthur Paul Afghanistan Collection which is housed in the Criss Library. The collection is one of the largest in the world and contains maps on many topics, such as water use, population, language groups and geographic features, said Criss Library Dean Stephen Shorb.

"UNO has a long history of involvement with Afghanistan going back to the '70s. Arthur Paul was the original donor, he worked as an economic advisor to Afghanistan," said Shorb. "He donated over 1,000 volumes to the library."

The collection includes about 20,000 items ranging



photo by Bill Wendt

The next exhibit for the Criss Library will present original World War II posters among other maps of Afghanistan.

from 300 year old maps to unique military and cultural artifacts.

The exhibit and Afghanistan collection represent a wealth of knowledge students might not get a chance to appreciate in the classroom, said Gouttierre.

"There are also wonderful opportunities for our students to enhance that which they are able to obtain from the classroom by having available to them resources like these in the library," said Gouttierre.

"Land of Bones" will be on display at the Criss Library through Sept. 14.

Student to face disciplinary action for thong running through campus

EUGENE KIM
STAFF WRITER

On Aug. 30, junior Chris Massara was detained by Campus Security for disorderly, lewd, indecent and or obscene conduct as defined by the



photo by Patrick Doty

Some students also participated in a different "Banana Hammock run" last October.

UNO code of conduct.

His crime? Running through campus while wearing what can only be defined as a man-thong.

The incident occurred during UNO's "Welcome Week" Clubs and Organizations Fair, when Massara and several other male students made a recreational jog through the middle of the fair, all sporting man-thongs.

According to the Facebook.com event description created by Massara, "The Real Back to School Banana Hammock Run" was "an event held by UNO students where a group of males run in thongs across the UNO campus between [Roskens Hall] and the Belltower."

Massara continued, "The banana hammock run is about making UNO a bit more interesting and expressing oneself in as sexy a way as possible without getting arrested."

During the event, Massara and several cohorts were making their run when they passed by the office of Kent Lavene, the judicial officer of Student Affairs.

see **THONG:** Page 2

Certified Public Manager Program to be offered by UNO, first in Nebraska

TAYLOR MULLER
NEWS EDITOR

Specifically geared for professionals working in government or non-profit organizations, the Nebraska Certified Public Manager program will be offered by UNO's School of Public Administration starting this January.

The national program has not been offered previously in Nebraska, said John Bartle, the director of the School of Public Administration.

"It is equivalent to a certified public accountant, the notion being the person who holds that is certified by a national organization," said Bartle. "The idea is that someone who might have started with Department of Roads as an engineer, working their way up the ranks, maybe have a bachelor's in engineering, maybe master's, as they move up they find themselves managing people, systems, then they realize 'Wow there is a lot I don't know.'"

This program aims to provide those working professionals with the skills-based knowledge necessary to improve themselves and their organizations.

"People will come in a group, and stay in that group throughout the

courses they take," said Bartle. "These are not the traditional courses, they tend to be intensive weekend courses, Friday, Saturday for the most of a day, and that's it for the month."

The coursework will have more professional engagement and activities as opposed to lectures said Bartle.

The professors will come from many different areas, including a few from UNO's related schools, such as the School of Public Administration, the School of Communication and the Criss Library.

The results would be in the form of better government and business operations, said Bartle.

"It shows UNO's ability to respond to the needs in the community, really statewide," said Bartle. "Education is not just something that stops when you graduate and are handed your diploma. As technology changes and workplaces change, UNO is a place you can come back to for education, training."

It means potentially, a more professionalized workforce working in government and the non-profit sector. It should mean better results for our tax dollars."

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News

Taylor Muller | News Editor

news@unogateway.com | September 7, 2007

From **THONG**: Page 1

University memos tell of run-ins with professor at DePaul U

By **RON GROSSMAN**
CHICAGO TRIBUNE

CHICAGO (MCT) - If embattled DePaul University professor Norman Finkelstein carries out his pledge to engage in civil disobedience at the start of the fall term Wednesday, it won't be his first confrontation with school administrators and campus police, according to internal university memos obtained by the *Chicago Tribune*.

Finkelstein, both lauded and decried for his strong criticisms of Israel, was denied tenure in June. His classes, however, remained in the university's course schedule, and students were enrolled.

They were abruptly canceled on Aug. 24, at which point Finkelstein himself was notified of being put on "administrative leave," he said.

Verbal and physical confrontations between Finkelstein and university officials began shortly after his tenure denial, according to a memo written by university Provost Helmut Epp.

The provost's memo, dated June 26, alleges that Finkelstein "angrily confronted" other faculty and staff and engaged them with "threatening and discourteous behavior" after being denied tenure.

On three such occasions, campus security officers were called to intervene, according to the provost's memo. When a dean attempted to escape a confrontation by ducking in an elevator, Finkelstein physically tried to keep the door from closing, according to the provost's account.

On Wednesday morning, Finkelstein, whose case has attracted wide attention both within and beyond the academic world, intends to teach a symbolic reincarnation of one of the scratched classes, "Ethics in Social Justice," at a public library near DePaul's Lincoln Park campus.

Afterward, he has announced, he will attempt to enter his office, from which he has been barred. He promised to go on a hunger strike if jailed for his effort, a vow Finkelstein renewed in an interview Sunday.

"I am morally, mentally and emotionally depleted right now," said Finkelstein, 53. "But I will find the resources to fight this next battle."

The provost's memo and other memos relating

to the case have been circulating widely among faculty members, said Jonathan Cohen, a professor of mathematics at DePaul.

Other faculty members have regretted the administration's silence on the subject, fearing students might follow Finkelstein's example of civil disobedience, putting their academic careers in jeopardy. At a convocation on Friday marking the start of the academic year, several dozen protesters wore T-shirts proclaiming: "We are all Professor Finkelstein." Reportedly, some faculty had those shirts on under their academic gowns.

Finkelstein's support among colleagues, once considerable, had been waning.

On July 10, according to one newly obtained memo, the Political Science Department informed the provost that Finkelstein's actions "constitute unacceptable and unprofessional behavior." It recommended that Finkelstein be granted "non-residential leave" for the 2007-08 academic year by DePaul, a Catholic university founded by the Vincentian order. Traditionally in academia, a faculty member denied tenure is owed a final year in the classroom.

Earlier, the political science department had strongly supported Finkelstein's cause, voting in favor of his application for tenure. Even so, his departmental colleagues had noted Finkelstein's no-holds-barred writing style, saying that in his books "careful and important scholarly arguments are often sprinkled with *ad hominem* attacks, invective and unsparing criticism."

Finkelstein, himself Jewish, has been accused of fomenting anti-Semitism through his unrelenting criticism of Israel and Jewish communal leaders, a charge he denied to an Israeli newspaper:

"I am just the messenger who reports on the actions of the Jewish establishments, actions that are encouraging anti-Semitism," he said.

As Finkelstein's tenure review went up the administrative ladder, its fortunes turned. Chuck Suchar, the dean Finkelstein allegedly confronted in an elevator, found Finkelstein's approach to scholarship inconsistent with DePaul's "Vincentian values" including respect for the opinions of others.

In Sunday's interview, Finkelstein turned that charge

see **MEMOS**: Page 10

News You Can Use

COMPILED BY
TAYLOR MULLER
NEWS EDITOR

The Moving Company to perform off campus this weekend

Dance goes everywhere. UNO's modern dance group will perform at the Joslyn Art Museum, the Omaha Public Library and the Henry Doorly Zoo during September.

"We're keeping a busy schedule, but it's an exciting time for the company," said Josie Metal-Corbin, director for The Moving Company. "Being out in the community and bringing dance to different places is a wonderful experience."

Mary Waugh-Taylor will choreograph a site-specific work for four dancers at the Henry Doorly Zoo on Friday, Sept. 7, in conjunction with the 2007 Zoofari, "Butterflies Are Not Free."

On Sunday, Sept. 9, the company will respond to "Spared from the Storm: Masterworks from the New Orleans Museum of Art," an exhibition at the Joslyn. The exhibit features works rescued during Hurricane Katrina.

The Moving Company's formal 30-minute concert in the Joslyn's Witherspoon Concert Hall starts at 2 p.m. The group's appearance is part of the museum's Family Fun Day, which is free and open to the public.

Aim for the Stars science and math camps begin Sept. 8

The Aim for the Stars science camps will be held in Council Bluffs at Wilson Junior High School, 715 N. 21st St., from 9:30 a.m. to 1 p.m. starting Sept. 8. Transportation to and from Wilson will be available by bus from the Micah House, the Phoenix House and Walnut Grove and Rue

Elementary Schools.

Funded through a grant from the Iowa West Foundation, the camps are designed to enlighten, inspire and educate camp participants. Parents are invited, but not required, to attend with their children.

For more information, including the busing schedule and fees, call 554-4999 or 1-877-UNO-CAMP (1-877-866-2267).

Women research participants sought

Women are currently being sought for a research study geared to increase physical activity and improve health behaviors.

Jennifer White, an assistant professor in the School of Health, Physical Education and Recreation, leads the study, which will randomize women into one of three groups. The study runs from Monday, Sept. 24, until late April.

Women interested in participating can e-mail rscronce@mail.unomaha.edu or call 554-2670.

Faculty, staff drop-in volleyball league underway

The faculty and staff drop-in volleyball league meets Fridays in the Health, Physical Education and Recreation Building from noon to 1 p.m. Additional players of all skill levels are welcome. The league is free for all Campus Recreation activity cardholders.


For more information, call Mike Kult at 554-2539.

Staff bowling league members sought

There's still time to join in the fun with the faculty and staff bowling league. Bowlers of all skill levels are welcome. The league bowls on Wednesdays at 4:30 p.m., at West Lanes, 72nd and

Dodge streets.

To learn more about the league, contact Lisa Adams at lisaadams@mail.unomaha.edu or 554-2859.

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Professor, who grew up on streets of L.A., now helps students buy books by shark swim

By CYNDEE FONTANA
McClatchy Newspapers

FRESNO, CALIF. (MCT) - As a boy, Albert Valencia dodged bullets and knives in rough neighborhoods of south-central Los Angeles. So what's a few sharks in the San Francisco Bay?

Valencia is a Fresno State professor who knows adversity, whether it's climbing from poverty into the ranks of college graduates or a chilly swim from Alcatraz to the San Francisco shoreline in the annual "Sharkfest" competition.

Now, the amiable 60-year-old is channeling an adventurous spirit into a campaign to furnish textbooks to needy students at California State University in Fresno.

As director of the university's Mentoring Institute, Valencia works to smooth the path for students often overwhelmed by classes, budgets and more. Book prices can be another shock.

"They tell me, 'I factored in everything except the books,'" he said.

Many times, Valencia said, students have told him that book money has instead been spent on an emergency flat tire repair or a prescription for a sick child. He and other professors said students will share textbooks, or even go without, to stretch budgets.

Valencia said the new fund is unique because, unlike more general forms of financial aid, it will only buy textbooks.

Olga Padilla, a junior from Parlier, Calif., who works at the institute, said her \$600 book bill last semester was "twice my rent."

"If somebody could help you with a book, that'd be

great," she said. "Even if it's just one book."

Valencia - also experienced in martial arts, triathlons, hiking and surfing - decided to use himself as bait in a fundraising campaign. He billed his entry in June's "Sharkfest" as "Swimming for Books," then tried to hook colleagues into donating.

Psychology professor Michael Botwin, chairman of the faculty's Academic Senate, called it a novel approach. Botwin said he's not quite ready to swim with the sharks or



photo by Kurt Hegre/Fresno Bee/MCT

Fresno State professor Albert Valencia, 60, has completed the swim from Alcatraz back to the mainland three times. His daughter Lauren, 7, background, is also involved in swimming and diving.

any other fish, "but I did write a check."

Valencia had completed the swim twice before in the past five years, but promoting it more this time prompted

some questions.

His father, Rito, asked, "Son, have you been drinking?"

"No, dad."

"Then maybe you should consider having a drink and think about this."

Valencia finished this year in less than an hour, 356th out of about 400 male swimmers in wet suits. Competitors are divided into several categories based on gender, gear and level of ability.

In truth, "Sharkfest" only sounds menacing. Valencia, whose swim has netted about \$1,200 for the book fund, said he's never seen one of the toothy beasts on the course.

With his background, Valencia understands the monetary battle that college - and books - can present. He once sold his own textbooks to buy gas so he could drive to class.

Today, Valencia said, the average text costs about \$70 to \$80. Fresno State's bookstore sells everything from \$5 paperbacks to \$150 nursing and engineering texts; officials put the average around \$50.

Joe Parks, a professor of education, is chairman of the committee developing guidelines for the "Swimming for Books" fund.

Officials hope to buy books, rent them to needy students for \$1 a week, then recycle them to more students in future semesters.

Parks said he and Valencia, who grew up in different states but similar neighborhoods, often swap stories about their experiences.

Both say they know the college struggle.

Said Valencia: "I can relate to the hardship."

Local legislatures, colleges work to cut textbook costs at universities across the nation

By PAULINE VU
STATELINE.ORG

WASHINGTON (MCT) - College students across the country are experiencing sticker shock at their bookstores. At the University of Maryland, a new Understanding Business book sells for \$139. At the University of North Carolina, Tar Heels could shell out \$153.35 for Principles of Economics. And at the University of Wisconsin, Chemistry and Chemical Reactivity goes for \$109.90 - used.

But relief may be on the way as states and university officials move to lower the cost of college textbooks by taking aim at some publisher and faculty practices blamed for raising prices.

This year, when students at four-year public universities spent an average of \$942 on books and supplies, the College Board reported, there were 86 bills in 27 states that dealt with textbook affordability, according to the National Association of College Stores.

Some of the bills proposed direct relief through sales-tax exemptions or credits and deductions, but the seven states that enacted laws - Arkansas, Maryland, Minnesota, Oklahoma, Oregon, Tennessee and Washington - largely targeted the behavior of publishers and college faculty. They follow the lead of

Connecticut and Virginia, which in the last two years passed bills to cut textbook costs.

State and university officials have stepped up their efforts since a 2005 report by Congress' Government Accountability Office found that from 1986 to 2004, college textbook prices increased 186 percent, more than twice the rate of inflation. But over the same period, tuition rose 240 percent, and publishers and college bookstores say that increase is fueling the anger at textbook prices.

"The textbook thing is something that people have latched onto, and it's kind of easier to tackle," said Charles Schmidt, a NACS spokesman. "It's been the issue to show 'we're doing something to make higher education ... more affordable and accessible.'"

According to the GAO report, many textbooks now come "bundled" with supplemental materials such as workbooks, study guides, CDs or online resources, driving up the price.

The jury is still out over whether the bundled materials are necessary. A survey by MassPIRG, the Massachusetts branch of the national Public Interest Research Group, reported that half of 287 surveyed professors said they never used the additional material. Yet a Zogby International survey found that 75 percent of professors nationwide either require or recommend that students buy textbook packages that include the add-ons.

Bruce Hildebrand of the Association of American Publishers, which commissioned the Zogby study, said professors request that textbooks be sold with the support packages to help students who may be unprepared for a college workload. Hildebrand added that complaints about bundling focus only on cost and not on the material's effectiveness.

"Is it better to give [students] the lowest-cost book and have them flunk out, or give them the book and the materials that merits their needs and have them get a return on their investment?" Hildebrand said.

Critics' arguments "don't address quality, they don't address efficiency, they don't address pass rates, retention rates, graduation rates," he said.

This year, Minnesota, Oklahoma, Oregon and Washington passed bills to encourage un-bundling. Oregon's new law, for example, requires publishers to give colleges the option of ordering bundled items separately.

Oregon's law also orders publishers to inform faculty how often a book is updated to help them decide whether it

is necessary to require students to buy the latest edition, while Maryland's law sets up a study to look into the factors that drive up textbook prices.

Tennessee's and Washington's laws require that college bookstores inform professors of book prices before the placing orders. Tennessee also demands that professors turn in their textbook lists in a timely manner; the less time stores have to order books or students have to shop around, the pricier a textbook's final cost.

Arkansas's new law requires professors to post book lists by Nov. 1 for the spring term and by April 1 for summer and fall.

Arkansas state Sen. Sue Madison, a Democrat whose district includes the University of Arkansas-Fayetteville and who proposed several textbook bills, said the new law is designed to avoid horror stories like the economics professor who ordered \$5,000 worth of books for a class this fall and only last week switched texts.

"Some professors are notorious for this. They pick their book literally just before classes start," making it difficult for bookstores to find used books and tacking on high shipping charges, Madison said.

Another new Arkansas law prohibits professors from receiving incentives from the publishing industry to require a specific text.

Two other textbook bills proposed by Madison died after questions were raised about whether the measures encroached on a university's academic freedom. The bills, which would have required professors to commit to using all bundled materials and prohibited books customized for a specific class or school because they are hard to re-sell, were left unsigned by Gov. Mike Beebe, a Democrat, after the state attorney general advised that they could be challenged under the state constitution, which grants autonomy to university boards.

University officials in Arizona, Nevada, North Carolina and Wisconsin also are working on initiatives to cut textbook prices. In July, the Wisconsin Board of Regents ordered its universities to submit plans by December on how they will lower textbook prices after a study found that students pay about \$300 for books at some state schools but about \$950 at others.

The 16 universities of the University of North Carolina system have until January to set up a system to buy back the books of large entry-level courses or set up a potentially costly book rental program.

But students aren't waiting for lawmakers and university officials to act. Several University of North Carolina-Chapel Hill graduates run RAM Book & Supply, a private bookstore that launched a popular rental program earlier this year for introductory classes.

A Georgia Tech alum created bookant.com, where students at various universities can sell books to each other, while a Northwestern University student created NUOnlineBooks.com two years ago to allow students to compare textbook prices.

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Features

September 7, 2007 | features@unogateway.com

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Patrick Doty | Features Editor

Award-winning essayist vividly kicks off fall reading series at UNO Weber Art Gallery

French fries, fritters, other fried foods make Surfside Club fun-filled time for the family

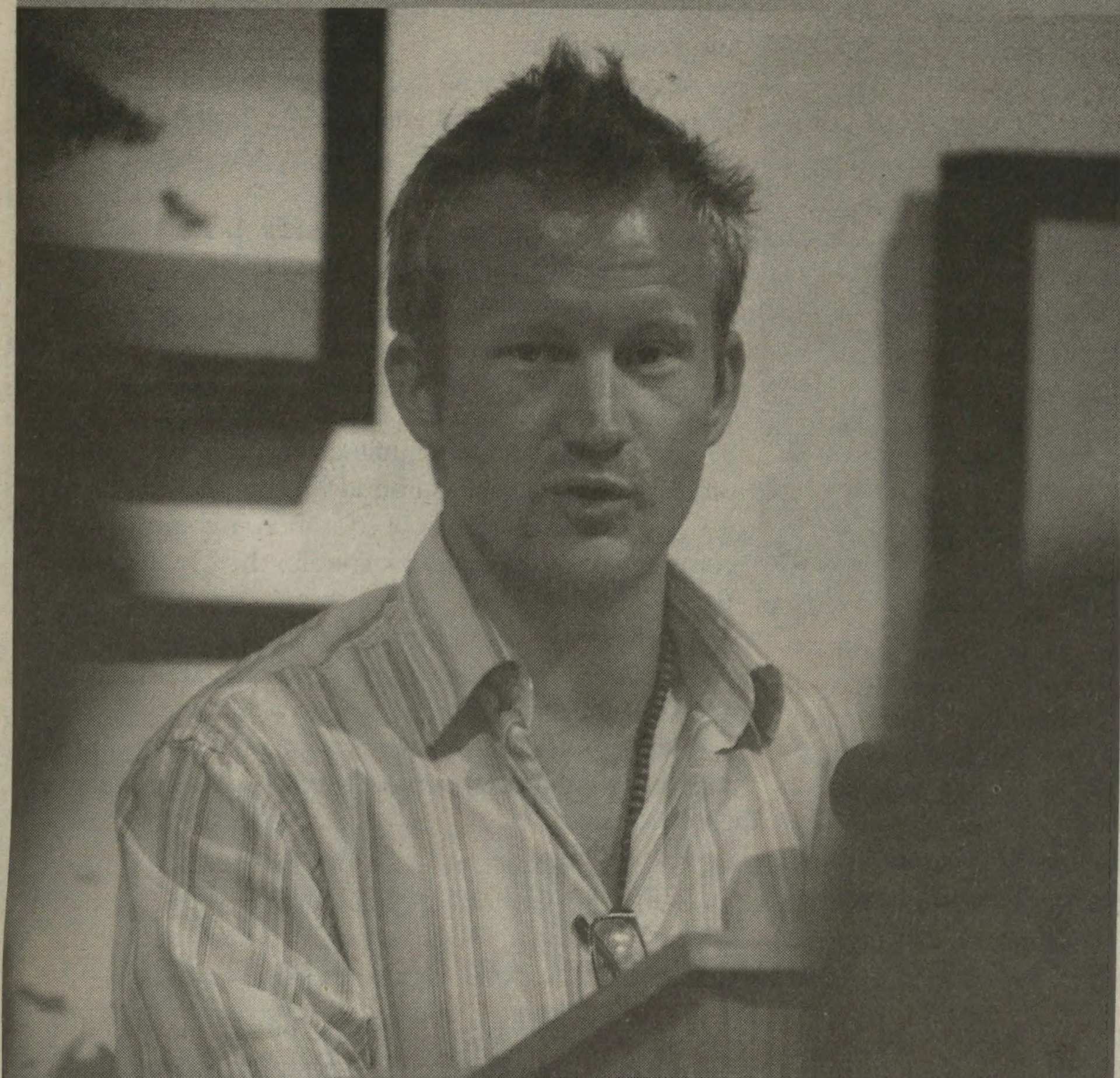


photo by Patrick Doty

Eli Hastings speaks at the first reading of the Missouri Valley Reading Series on Wednesday evening at 7:30 p.m.

PATRICK DOTY
FEATURES EDITOR

The packed audience was captivated as Eli Hastings softly read two essays from his book *Falling Room*.

Some sat forward as he read an action-filled scene depicting a time when he was chased by police.

Later, the room was hushed as he described his father in the hospital, close to death.

"[Hastings] has got amazing descriptions," said junior Brandon Bone. "Horribly vivid."

The award-winning essayist was sharing his essays Wednesday night as the first reading of the Missouri Valley Reading Series.

"[The Reading Series] is a 30-year-old tradition, a very old creative writing undergraduate program," said Miles

Waggener, coordinator of the reading series. "It has brought many famous writers here, like John Cheever, Charles Bukowski and Julia Williams."

Each year, five or six nationally recognized writers are invited to UNO to read selections from their writings. This year, five events are scheduled for six writers.

After the readings, audience members are given the chance to ask the writers questions in an open discussion.

Hastings, who currently lives in Barcelona, was the first writer to visit this year. He is an "essayist, novelist, activist and retired graffiti artist," said Waggener.

Hastings read the essays "Falling

see **READING:** Page 5

ANJANE GILES
CONTRIBUTOR

The air is crisp. The barn-red picnic tables match the building where people are weaving in and out of the small hallway for food and drinks, only to bring their meals back to the patio seating at the Surfside Club alongside the Missouri River.

Boats are heard in the distance as Louis Armstrong and Glenn Miller crackle on the loud speakers.

Crickets chirp as a raccoon awaits scraps thrown from the patrons above onto the beach of the Missouri.

Families and friends sit around and socialize, enjoying fresh fried chicken and catfish.

It is a perfect day for dining outdoors at a restaurant that has been an Omaha tradition for families since 1970.

Surfside Club has remained a favorite spot for Omaha natives, despite several new eateries that have recently opened in the Omaha area.

Reminiscent of a school cafeteria, the dinners are served on Styrofoam plates, placed on brown trays that customers balance while walking back to their table.

The menu offers only two main course choices: fried chicken and catfish. However, this has not stopped customers from returning.

The catfish – served whole, fresh and

deep-fried – comes with fries and coleslaw.

The fried chicken dinner is what Surfside is best known for. It is served hot and greasy, like the rest of the menu, and can come with fries as well.

While some people come for the catfish or chicken, some come just for a Surfside-signature side dish: corn fritters. Served hot, fried and greasy, corn fritters are similar to hush puppies with the consistency of a donut. Dipped in ketchup, they're a side-dish or a main course. Dipped in honey, they make the perfect dessert.

The restaurant also features a bar and an indoor dining area.

Owner Thomas Mailander said he thinks there is no real secret to a successful restaurant business, only that the food must be consistent, the service must be good, and the owner should be around.

"I think for family-owned restaurants, it is important for the owners to be there to make sure everyone is getting what they need," Mailander

said. "I plan on being here for a while. I think people like to know there is someone looking out for them."

Surfside Club is located at 14445 North River Road. It opens at 5 p.m. Tuesday through Friday, 4 p.m. on Saturday and noon on Sunday; the club closes between 9 p.m. and 10 p.m., depending on the weather. Surfside is closed on Mondays except for holidays.



photo by Patrick Doty

Fried, greasy food is a staple at Surfside Club, 14445 North River Road.

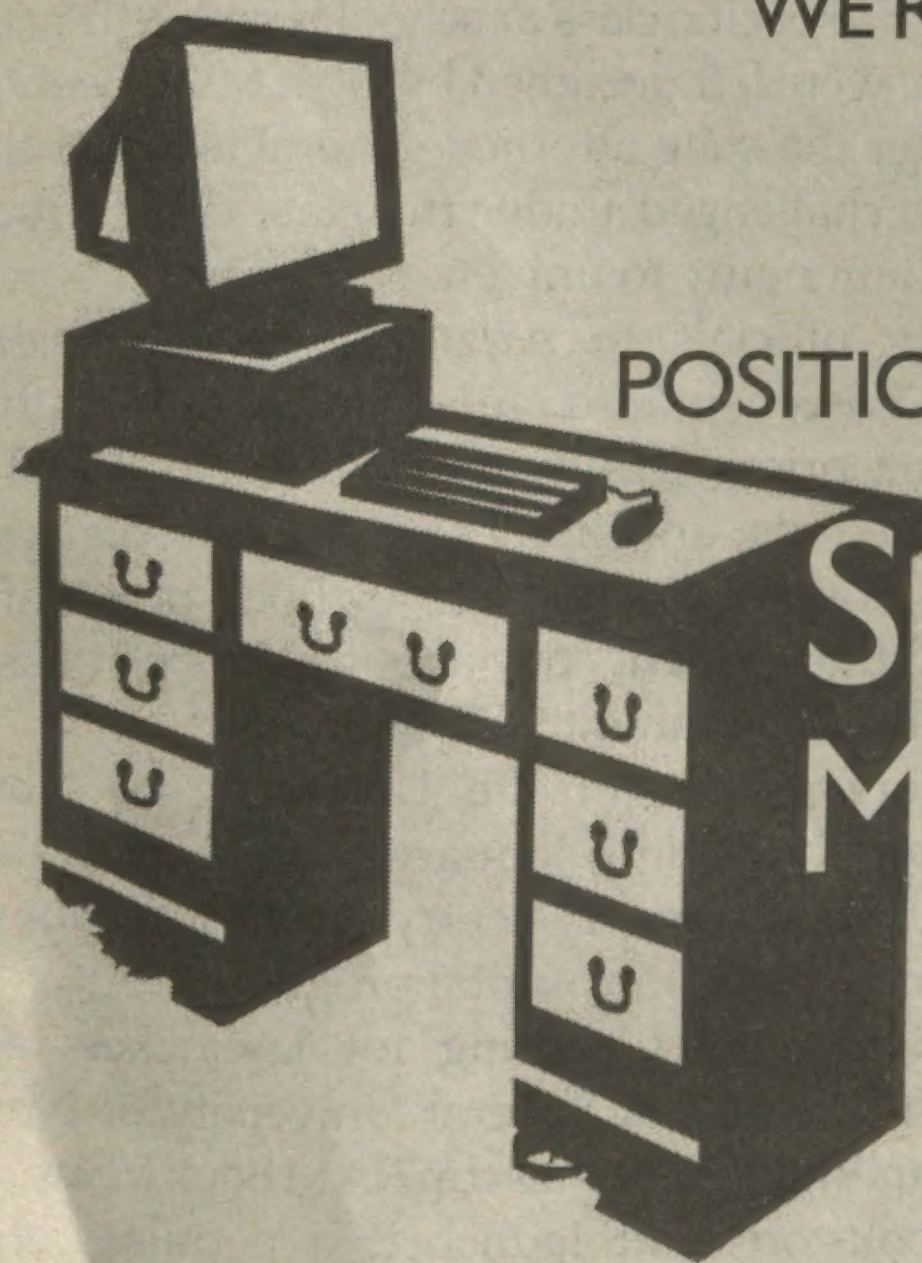
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Study says moderate levels of exercise sometimes better

By JOE MILLER
McClatchy Newspapers

RALEIGH, N.C. (MCT) – Bike shop owner Kevin Coggins wasn't surprised by a study released this month by the Duke University Medical Center, which showed that not only is moderate exercise good, in some instances it may be even better than more vigorous workouts. His cash register has been telling him as much for the past two years.

In the '90s, everyone wanted a mountain bike to go powering through forests on narrow trails, bunny-hopping downed logs and grinding through gardens of rock. During Lance Armstrong's reign over the Tour de France, from 1999 to 2005, everyone wanted to capture the road bike experience, pedaling for miles and miles.

What's selling today?

Hybrids, that mix of road and mountain bike made for a more recreational, 'round-the-neighborhood-and-down-the-greenway-with-the-kids experience.

"Moderate exercise is as good as strenuous exercise," says Coggins, who once raced bikes and has owned The Spin Cycle in Cary, N.C., since the mid-1990s. "I totally agree with that."

So does a portion of the study by researchers at Duke, who found that low-intensity exercise "dramatically lowered" triglyceride levels. Triglycerides are those pesky particles that lug fat around the body. Reducing their numbers can reduce the risk of both heart disease and diabetes.

The Duke study joins a growing body of evidence suggesting that you don't have to ride 2,200 miles around France to enjoy good health. Regular rides through the neighborhood will do just fine.

The Duke study involved 240 middle-age, sedentary types who were divided into four groups and studied over eight months. Three groups exercised, doing time on the treadmill, elliptical trainer and stationary bike. One group exercised a lot and did so with great intensity, one group also exercised with great intensity but not as much, and the third group exercised in moderation. A fourth group, the control group, retained its sedentary ways.

To the researchers' surprise, it was the modest exercisers who showed the most change in terms of triglyceride levels.

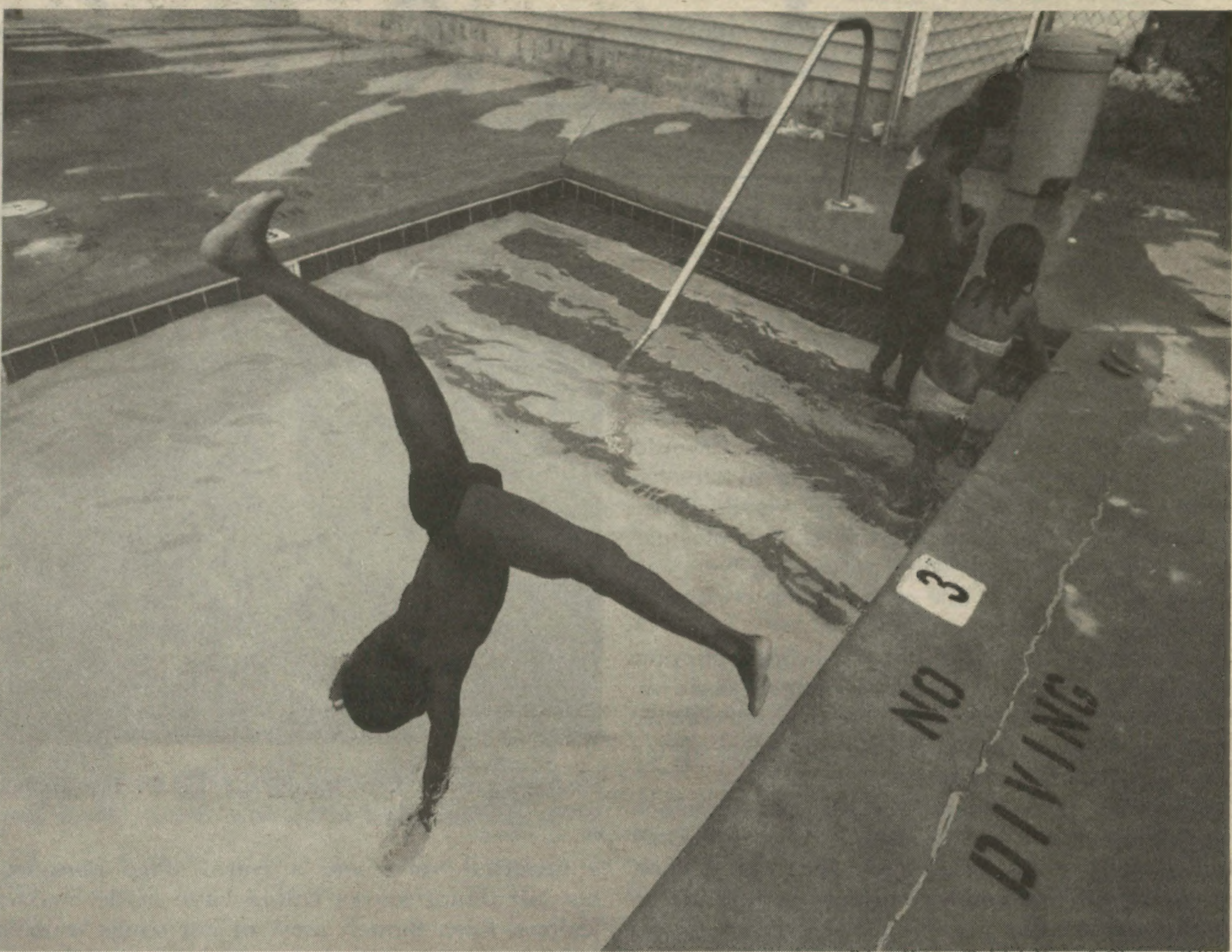
The study – part of an ongoing fitness and activity study at Duke called Studies of a Targeted Risk Reduction Intervention Through Defined Exercise – also found that the positive effects of exercise lasted longer for the modest exercisers than for the more intense exercisers.

Improved levels of high-density lipoprotein particles, or HDLs, persisted more than two weeks after the moderate exercisers quit exercising modestly. That's good because HDLs escort cholesterol through the bloodstream to the liver, where it can be eliminated from the body.

"More is generally better than less when it comes to exercise," cautions Cris Slentz, an exercise physiologist at Duke and lead author of the study.

But, he adds, these findings are certainly an endorsement for moderate levels of exercise.

They join a host of studies with a similar message. Among them:



Ishimwe Obed Nogo, 6, plays in a pool in High Point, North Carolina.

Ethan Hyman/Raleigh News & Observer/MCT

- A six-month study published in the Journal of the American Medical Association showed that women who work out as little as 72 minutes a week improved their fitness level by 4 percent.

- A 2006 study by the U.S. National Institute on Aging found that of 302 older people studied, death rates went down as activity levels – including activities as tame as vacuuming and running errands – rose.

- The 2001 Iowa Women's Health Study of 40,417 women between ages 55 and 69 found that women who engaged in moderate exercise – including bowling, golf, gardening and long walks – reduced their chances of dying by 37 percent. There was no such reduction observed for women who jogged, played tennis, swam or did aerobics.

Younger Next Year: A Guide to Living Like 50 Until You're 80 and Beyond, by retired lawyer Chris Crowley and Dr. Henry S. Lodge, has a theory about why this is, says bike store owner Coggins, a disciple of the book that came out in 2004.

"What's the human body been doing the last 3,000 years?" asks Coggins. "It wasn't doing hard-core endurance athletics. It's been walking with short bursts of speed, quick bursts to capture prey, then walk back home."

"That's what's in the DNA of the human body – all-day low-intensity exercise."

One group that may be especially glad to hear that exercising in moderation is good: parents. More specifically, parents who were quite active before they had kids.

Another recent study, this one released in May by the University of Pittsburgh, found that having kids sidelines a lot of active couples.

Women who worked out four hours a week

suddenly found themselves down to 90 minutes after having a baby. Fathers in the study typically went from just under eight hours of exercise a week to 4.

No need for that, say Mike and Alisa Wright Colopy, veterans of the active-couple-turned-parents scene.

In the early 1980s, the Colopys were the epitome of the active couple. Mike did swimathons and cycled, Alisa was getting into triathlons.

Even when Alisa became pregnant with their first son, Travis, that didn't slow her: On the day he was born in 1986, she managed to run six miles and swim one before heading to the hospital.

As soon as Travis was home from the hospital and could keep his head up, he was out on training runs with mom and dad in one of the first generation baby joggers. When brother Glen came along two years later, they bought a two-seater.

"We'd go out three or four times a week, maybe three to six miles," says Mike.

The true transition to more moderate exercise came when the boys were ready to strike out on their own.

"When the lads were 4 and 5 years old and I was pushing more than half of my body weight, we had to become more creative in our exercise plan," says Alisa, who runs Fit and Able Productions, a Cary-based nonprofit that aims to get families active.

That meant some tag-team exercise: one parent playing with the kids in the main pool while the other swam laps, then swapping, for instance. But it also meant finding exercise wherever they could.

"We went to the zoo all the time," says Mike. "A zoo is acres and acres of land; you're constantly walking. You're not cognizant of it because you're always looking at stuff."

From **READING:** Page 4

Room" and "Getting Up" from *Falling Room*, which was selected by Tobias Wolff as part of the American Lives Series published by the University of Nebraska Press. The book is a collection of essays about Hastings' life from a child into his 20s.

However, the overall theme of the collection of essays is more difficult to explain.

"If you ask any essayist, 'What's your book

about?' and they give you a concrete answer, they're bullshitting," Hastings said. "The threads I would say are in my book, that most stand out, is 'home and family,' 'travel and politics,' and 'coming of age.'"

The next reading will be on Oct. 3 at 7:30 p.m. in the Weber Art Gallery. Poet and translator Joshua

Beckman will be reading selections from his poetry.

"It's definitely worth coming out here for, that's for sure," Bone said. "I'll be here next time, I've read Joshua Beckman's stuff. I'm very excited about it, very excited."

Missouri Valley Reading Series Schedule All readings at 7:30 p.m. in the Weber Art Gallery

Oct. 3 - Joshua Beckman, poet and translator
Oct. 10 - Joanna Klink, poet
Oct. 24 - Ann Cummins, novelist
Nov. 7 - James Jay and Zachary Schomburg, poets

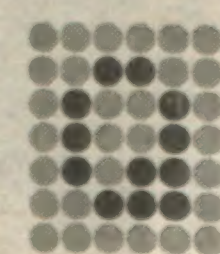
UNO and Creighton students will also perform readings at The Reading Grounds, located at 40th and Farnam streets, on Sept. 20 and Nov. 15.

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Charley Reed | Arts & Leisure Editor

Singer-song writer Groban captivates packed Qwest Center crowd in support of new album

ANDREA BARB
CONTRIBUTOR

For months, a set of yellow and orange concert tickets lay on my desk, eagerly waiting for the day when they would be put to good use. They would catch my eye and engross my thoughts in between doing homework or checking my e-mail. Those tickets, which had occupied the same spot since early May, when they were purchased, were my chance to finally see one of my favorite classical vocalists, Josh Groban.

Groban's worldwide tour has been in support of his third album, *Awake*, which released in November. Groban has been on tour since February and will have performed in over 71 cities by the time the tour ends in October.

Even though Groban's Aug. 31 visit to Omaha was not sold out, the Qwest Center was packed full of adoring fans of all ages. The ground floor, as well as the first and second tiers, had hardly an empty seat in sight.

The show started at 7:30 p.m. with the vocal stylings of South African native Angelique Kidjo and her funk-style band. Kidjo not only had



Singer-song writer Josh Groban performed on Aug. 31 at Qwest Center Omaha.

a beautiful voice and a warm stage presence, but her dance moves would have made Shakira jealous. Even though most of her songs were in another language, their meaning was not lost in translation.

After receiving bouquets of flowers from fans,

she informed the crowd that Omaha was her last performance on this tour. She would be returning home to South Africa, but thanked everyone for their support, hoping to return to the states again soon.

Shortly after Kidjo's exit, Groban appeared from underneath the circular stage and began crooning away to the very responsive audience. He arrived in style, donning a blue collared shirt with a khaki blazer and fitted jeans, along with his signature curly locks and brown doe eyes.

On his right side, Lucia Micarelli, an incredibly talented violinist, performed barefoot along with cellist, Vanessa Freeman Smith, on Groban's left. Both musicians oozed passion and the innate ability to express strong emotions through their instruments. Behind them the percussion band and a group of local area orchestra members helped add to the musical flair.

The arena was filled with so much positive energy, it was almost surreal. Fans adorned the baritone Groban with all sorts of strange gifts, including a sombrero, stuffed animals and two large lollipops. One creative fan even took the time to construct what she called a 'josh-in-the-box', where an action figure of Groban's likeness would pop out with a few cranks of the handle. Upon receiving these gifts, the vocalist laughed and said he came to the conclusion that his Omaha fans thought he was no older than four years old.

After a solid hour of performing, Groban had Kidjo come back out to perform a moving duet version of the song "Pearls." The South African native tried, in vain, to teach the 26-year-old Groban how to dance. While he may have a breathtaking voice and boyish good looks, it's safe to say dancing is not Groban's strong suit. But two out of three isn't bad, right?

Groban's strong performance, inspirational voice and humorous quips were certainly worth the three-month wait.

There are very few artists these days that can perform live concerts to match the caliber of their albums. After a night of excitement including two encores and a couple standing ovations, this writer would venture to say that his live show was much better than any CD.



joshgroban.com

Josh Groban and South African vocalist Angelique Kidjo performed to a near-capacity crowd.

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Andrea Barbe
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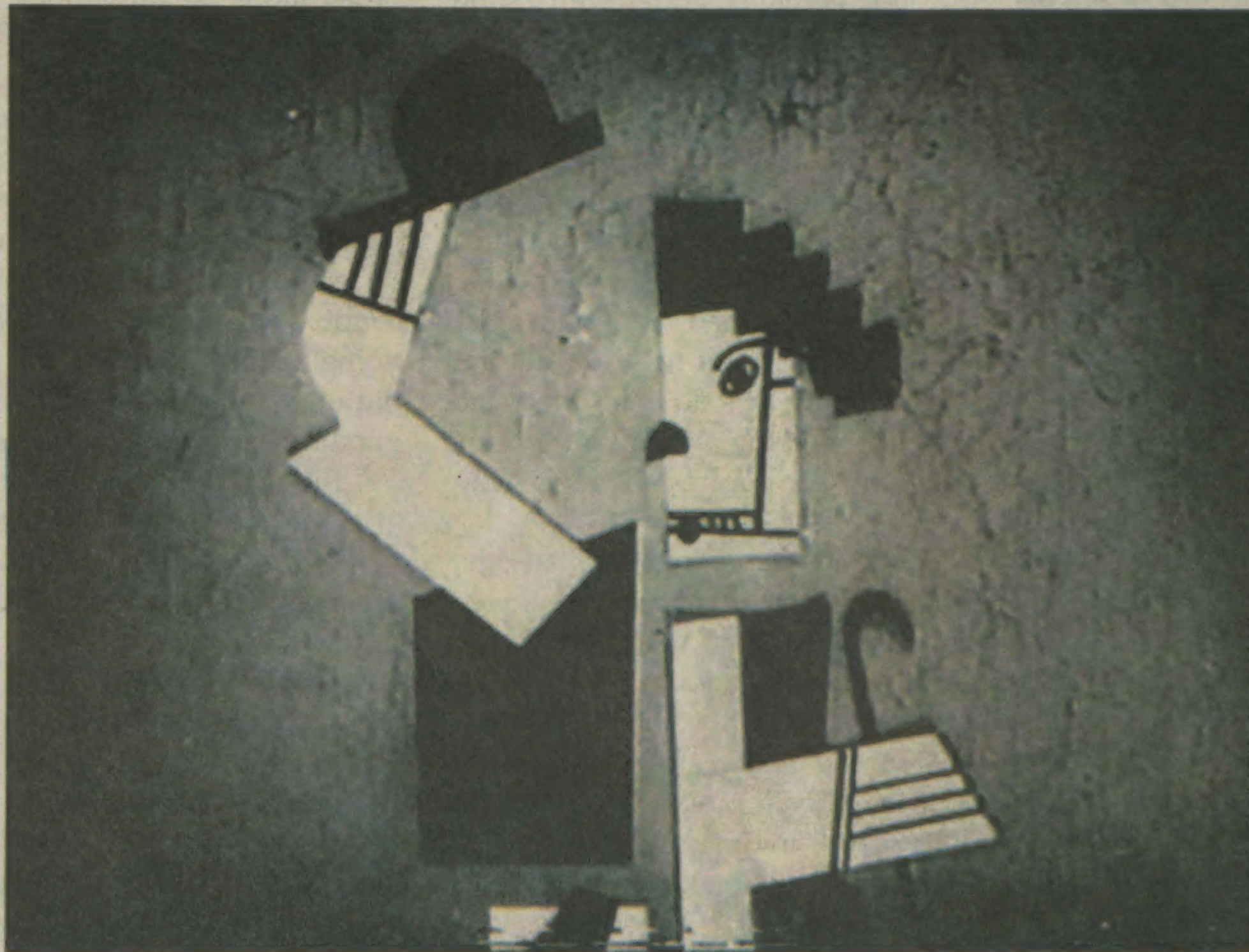
For the fourth year in a row, Omaha will host its annual music festival, ARTSaha!, a compellation of concerts and events introducing contemporary music to the area.

This year, the festival, which opens on Sept. 7 and runs through Sept. 15, has adopted the theme "The Future of Music. Now." The festival will showcase works of Futurism, a 20th century movement that helped influence modernists and progressive groups.

Nearly all of the events are free and most take place at UNO.

ARTSaha! was founded in 2004 by Analog, a non-profit company based in Omaha as well as Joseph Drew and Rudolf Kämper. The Analog arts ensemble, a combination of 30 artists and musicians hailing from all over the world, will help kick off the festival.

One of this year's big events is the showing of the short 1924 film *Ballet Mécanique*, which will take



The combined work of Fernand Leger's 1924 film *Ballet Mécanique* and composer George Antheil's score was not available until 1990. The score will be performed live with the film at this year's ARTSaha! festival.

site, ASLSP also refers to the final paragraph of James Joyce's *Finnegans Wake*, "Soft morning city. Lsp!"

"One of Cage's biggest contributions to music was the way he left so many decisions up to the musician. ASLSP is mentally challenging and physically demanding to perform at such lengths, but is it liberating as well,"

of judges.

"I've been involved in national student compositions competitions for over 15 years and I'm excited about 'Iron Composer Omaha' because there is nothing else like it," said Kenton Bales, a UNO music professor and coordinator for the contest. "It challenges student composers to focus on a project in a timely fashion, and it should be tremendous fun for both the participants and the audience."

Nebraska residents between the ages of 18 to 26 are eligible to participate in the event.

Analog will also be performing after the contest, showcasing contemporary works from Luciano Berio, Henry Cowell, Duke Ellington and Radiohead. Tickets are \$10 and the top three winners will receive a cash prize anywhere from \$100 to \$500.

On the last night of the festival, the Analog Arts Ensemble will perform "Cowardly Old World," a futuristic story about traveling through time. The concert is based on Gordon L. Smith's fictional character Gil Rimple, who jumps back and forth through different futuristic fantasies.

Smith, a Los Angeles filmmaker, pieces together different visions of the future based on ideas from influential people like former Vice President Al Gore, Jules Verne, Nostradamus, George Orwell and others.

"I've always been fascinated by the different futures shown in movies. *Blade Runner* is the first film I remember seeing in the theater, and shows like *The Jetsons* and *Buck Rogers* influenced me from a very young age," said Smith. "There's a very deep need, I think, for people to speculate about the future and try to make sense of what's happening to them right now."

For more information and a full schedule of events, visit artsaha.org.

ABC's *Caveman* not looking to reinvent the wheel

BY CHUCK BARNEY
CONTRA COSTA TIMES (MCT)

America has yet to lay eyes on *Cavemen*, the upcoming ABC sitcom about scraggly-haired Cro-Magnons struggling to assimilate in contemporary society. Already, though, it is one of the most mocked and derided television shows in recent memory.

Jeering critics have ridiculed ABC for having the gall to stretch a gimmicky ad campaign for Geico insurance into a weekly series. Skeptical media buyers have predicted it will be among the first shows to crash and burn. And comedian George Lopez, whose sitcom was axed by ABC, has expressed his utter dismay.

"So a Chicano can't be on TV, but a caveman can?" he asks incredulously.

Despite all the derisive scorn, *Cavemen* could draw robust ratings – at least in its initial outing on Oct. 2 – because many Homo sapiens across the nation figure to be curious. Indeed, a recent online survey found that *Cavemen* leads all new network shows in terms of viewer buzz.

In the rush to dump on *Cavemen*, it's easy to forget that television history has featured a number of sitcoms that came into the world bearing weird, silly-sounding concepts, only to turn into surprise hits. The offbeat collection includes, among others, *Bewitched*, *The Munsters*, *My Favorite Martian*, *I Dream of Jeannie*, *Mork & Mindy* and *3rd Rock From the Sun*.

Maybe there's a lesson in this. Maybe it's better to refrain from rolling our eyes until a show actually makes it on air.

"Who would have thought that Ozzy Osbourne would make a great sitcom dad or that boat tourists stranded on an island would hold our interest for four years?" says television historian Tim Brooks, who co-wrote *The Complete Directory to Prime Time Network and Cable TV Shows*. "Having a show with an off-the-wall concept that can be described in one line attracts immediate attention. Even if it's negative attention, that in itself is not necessarily a bad thing."

With that in mind, it becomes somewhat easier to understand why ABC programmers could possibly be drawn to *Cavemen*. Every fall, dozens of new TV shows flood the airwaves, and such a radical concept stands out in a crowd. And, thanks to the Geico ads, its characters come with a built-in fan base. ABC, like most other networks, hasn't had a sitcom hit in years, so why not take a shot?

"The good thing about comedies is that they've been broken for a few years, so people are willing to take chances," says Steve McPherson, the head honcho of entertainment for ABC.

As fluffed-out for prime time, *Cavemen* is meant

See **CAVEMAN**: Page 12



artsaha.org

The ARTSaha! Music Festival enters its fourth year on Sept. 7 with the theme "The Future of Music. Now." Events for the festival run through Sept. 15.

place on Sept. 8 at UNO's Strauss Performing Arts Center.

The event will feature a live performance of the film's musical score, which will run simultaneously with the film. The score and the film were not shown together publicly until 1990 when computer technology advances made the concept a reality.

The Sept. 8 event will also include the world premiere of two unpublished works by composer Conlon Nancarrow, a key figure in 20th century music.

Ballet Mécanique starts at 7:30 p.m. Tickets are \$10 and can be purchased at the door.

Another event bound to catch the eyes and ears of many music lovers is the 24-hour concert of John Cage's organ arrangement, "As Slow as Possible," or ASLSP.

According to the ARTSaha! Web

said Drew. "[It's] very much in line with the Asian traditions that inspire Cage so profoundly."

ASLSP will start at midnight on Sept. 10 and run until midnight on Sept. 11, with a performance break at 6 p.m. The break will allow for a discussion of the piece. The concert will be held at the First Central Congregational Church at 421 S. 36th Street. Admission is free.

Not focused solely in the professional realm, the ARTSaha! festival is catering to student artists as well.

"Iron Composer Omaha," a speed music-writing competition influenced by the cooking reality show *Iron Chef*, will begin at noon on Sept. 11. Contestants will be given a 'secret ingredient' and expected to write an original score within five hours before performing their music to a live audience and a panel



Bob D'Amico/ABC/MCT
"Cavemen" star Nick Kroll portrays a scraggly-haired Cro-Magnon struggling to assimilate in contemporary society.

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Local band ready to shake, rattle, rock 'n' roll Omaha's music scene with debut album



Matt's Rocket Collection, featuring UNO alumnus Matt Tompkins, will be performing live at the Waiting Room lounge on Sept. 7 at 9 p.m.

CHARLEY REED

A&L EDITOR

You may not have heard of Matt's Rocket Collection before, but they don't care: It'll only be a matter of time before you do.

Matt's Rocket Collection is an Omaha band comprised of rhythm guitarist and vocalist Matt Tompkins, a UNO alumnus; his brother Ben on the drums; a former co-worker Alex, also known as "Big Al," on lead guitar; and Chris Holtmeier on bass.

After only one-and-a-half years, MRC is already getting airplay and plan to release their first studio album,

And There Was Rock, Friday with a show at the Waiting Room lounge.

The band started when Matt's younger brother Ben got a drum set as a high school graduation present. Up until that point, Ben had been in a band on rhythm guitar and Matt was in a fledgling band that was going nowhere.

"Everybody had a midlife crisis and left so [Ben] got his drum kit and I was thinking let's do this," Matt said. "We start messing around, write some songs and some of them were pretty good."

It was only a short while later that Big Al joined the band with Holtmeier joining only several months ago after the band's former bass player left on good terms.

Tenacity and a no-B.S. attitude is what the elder Tompkins said separates them from the rest of the bands in Omaha right now.

"Our influences are obvious, but taking that approach to promotion - getting it in people's heads - anymore people's attention spans are so short you really have to bust your ass," Tompkins said. "We've only been together for a year-and-a-half but we have got our name out there quick and that's basically just hard work."

Thanks to playing venues like Rosenblatt Stadium, events like the Omaha Beef halftime shows and vocal support from local shock-jocks Todd and Tyler on Z-92, MRC has earned the attention of local magazines like the *City Weekly* and the *Reader* in addition to national

publications. Kevin Simonson, a writer for *SPIN*, *Rolling Stone* and *Hustler* called MRC "the AC/DC of the new millennium."

It may seem like a novelty given what's popular in Omaha music today but taking their sound from '80s bands like AC/DC, Metallica and Led Zeppelin is something that just came natural to the members of the band.

"I've been in a bunch of bands from metal bands to country bands, all kinds of stuff, and the metal I've been doing for, like, the past five years and I'm just super burnt out on it," explained Holtmeier. "I just feel like having a good time now."

Big Al's take on it is a bit simpler.

"It's rock 'n' roll man, that's it. Nothing else like it, nothing else I'd rather do," he said with a laugh. "The wife learned to quit giving me [expletive] about it 10, 15 years ago."

With songs like "Big Lady," "Go Juice N Vodka" and a cover of John Denver's "Leaving on a Jet Plane," which includes a sample of Black Sabbath's "War Pigs," the band's energetic sound is undeniable and mirrors the band's approach to the rock 'n' roll lifestyle.

"Rock 'n' roll makes you feel good, people have fun and I love to see them banging their head and breaking their backs," Big Al said.

Matt agreed, saying that too many bands these days have no concept of showmanship. Tompkins said that MRC's live shows represent his belief that, "If somebody just wants to hear the music played flawlessly, they can listen to a CD at home."

"If they come out to the show, you've got to give them something more," he explained. "We'll moon the crowd, we'll jump out there and run around and we break strings and cut our hands on them and bleed, we don't give a [expletive], we're there for the audience, we're there to have fun and we've got to give them a show."

MRC's attitude has gotten the band kicked out of bars and even stadium venues for playing too loud. But to say that MRC is only interested in loud music would be ignoring the band's charity work.

MRC organized a Memorial Day fundraiser, which raised several thousands of dollars in scholarships for children of active military personnel who died in combat in the wars in Afghanistan and Iraq. The show even caught the attention of legendary rocker Ted Nugent, who donated several signed items to auction off at the event.

But, despite recent success and high praise, when it comes right down to it, the band says they are interested in just having a good time.

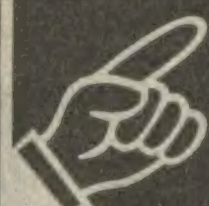
"If you like straight-ahead rock 'n' roll that's not too mathy and complex or simplified storytelling, check out the CD," Holtmeier said.

"It's about having fun, about being a kid [and] about not caring," Matt added. "That's what our music's about."

The show, which starts at 9 p.m. on Friday, costs \$7. The band's CD, *And There Was Rock*, will be available to purchase at the show but is also currently on sale at all Homer's Music locations.

For more information on Matt's Rocket Collection, visit myspace.com/mattsrocketcollection.

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Sports

Jason Sibson | Sports Editor

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sports@unogateway.com | September 7, 2007

Mavericks dominate in-state volleyball clash, look ahead to conference opener next Friday

KEVIN CLEMENS
STAFF WRITER

During the warm-ups of Wednesday night's highly anticipated match-up with in-state rival Wayne State, the Mavericks' demeanor seemed calm and composed.

In front of a crowd of nearly 1,500, UNO sent the No. 23 ranked Wildcats packing in just three games.

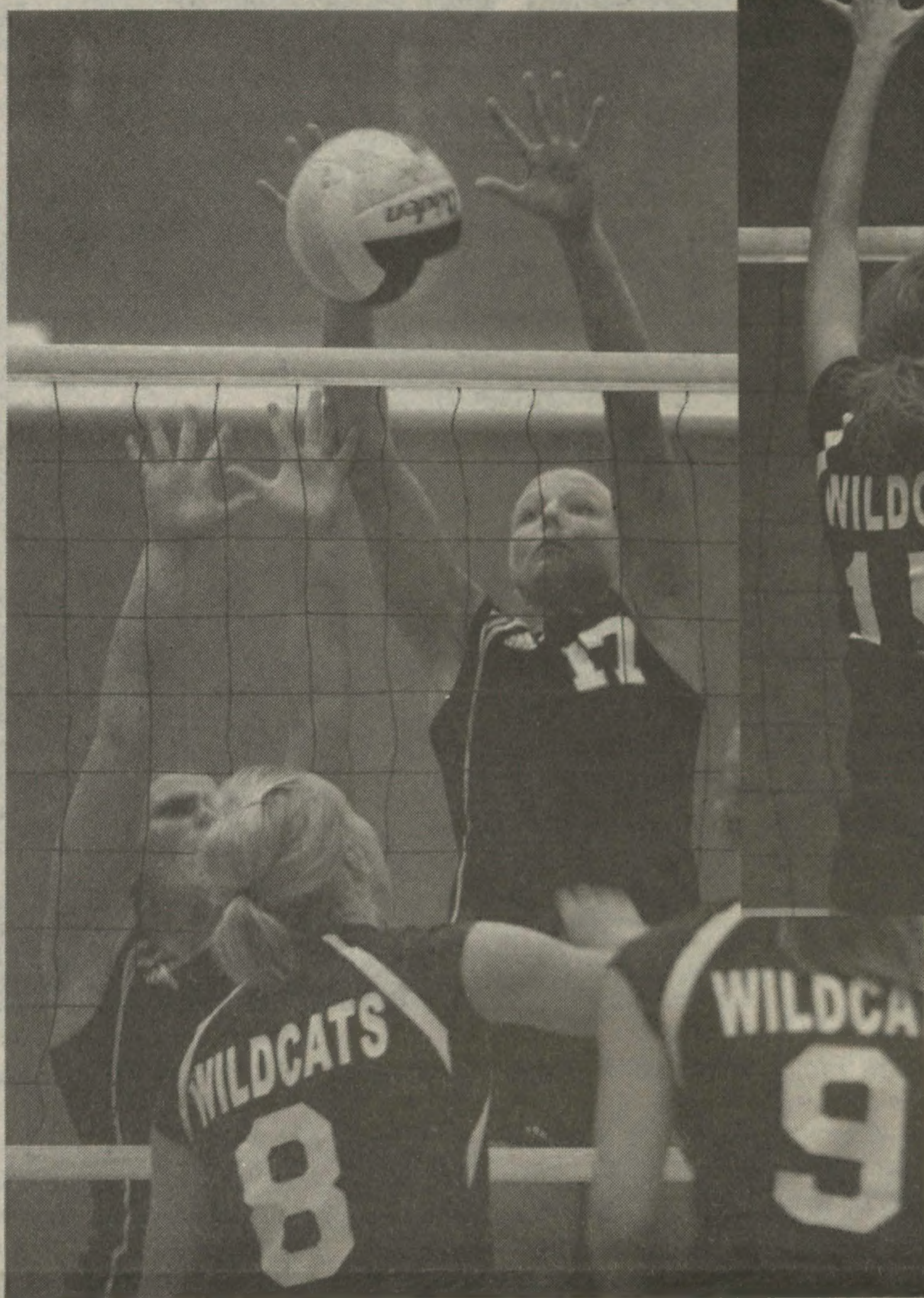
The first game of the match was tied at 19 and, from that point, UNO took over. After ending game one 30-20, the Mavs rode their momentum into the second and third games, destroying Wayne State 30-16 and 30-21 to complete the sweep.

The Mavericks defense was untouchable, recording a team total of 83 digs and leaving Wayne State with an abysmal .006 attack percentage.

Leading the way offensively for the Mavericks was Ellen Thommes, the sophomore thoroughbred out of Omaha. Thommes recorded a game high 14 kills to compliment her impressive .542 attack percentage.

"This win gives us confidence heading into our conference matches," said Thommes after the match.

Below, senior middle blocker Carlie Christensen rejects a kill attempt during Wednesday night's match against Wayne State.



photos by Michelle Bishop

Above, Nicole McLeod, a senior at right side, clears the outstretched arms of a Wildcat defender. The Mavs swept Wayne State 30-20, 30-16, and 30-21.

"They're a big rival."

Sophomore outside hitter Kelli Goesser added ten kills, and senior standout Carlie Christensen finished the three game sweep with nine kills and a block.

Head Coach Rose Shires, now in her 18th season with the Mavericks, is excited to get the season started and was pleased with her team's performance against in-state rival Wayne State.

With conference play approaching, Shires is well aware of the talent and competition level her team is set to encounter during the last season of the North Central Conference.

"I think the NCC will be extremely tight," said Shires. "Realistically there are only five teams to challenge for the top two positions in the conference. We also want to be the last team to win the NCC conference."

The Mavericks will take this momentum into conference play, as they will face the American Volleyball Coaches Association's No. 4 ranked team in the nation, Minnesota-Duluth on Friday, Sept. 14. A victory over the defending NCC champion Bulldogs could fuel the Mavericks' climb up the national ladder, which is where this team's sights are set.

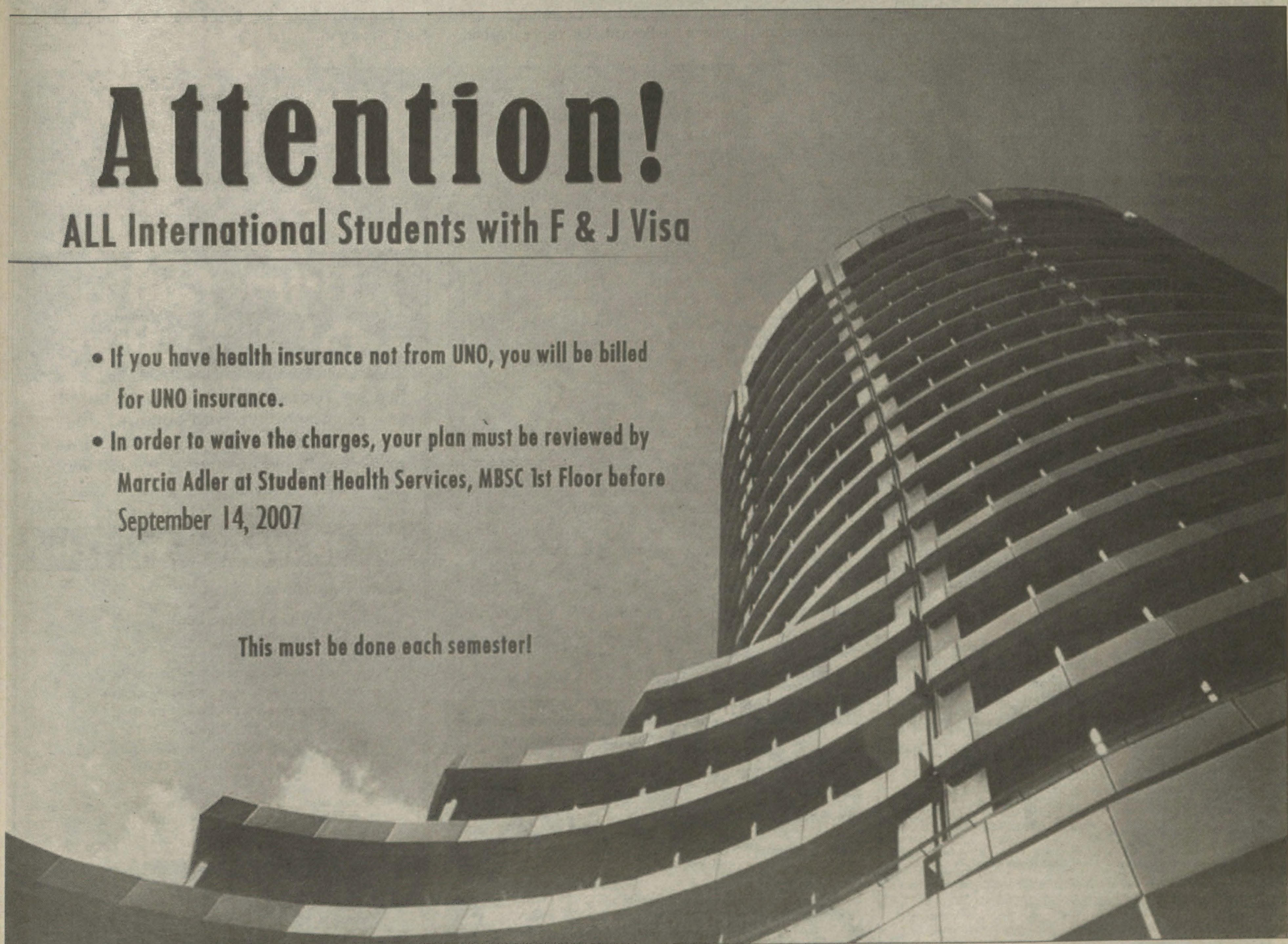
"We believe that as a team we have enough talent to be a top four team in the country," said Shires.

Attention!

ALL International Students with F & J Visa

- If you have health insurance not from UNO, you will be billed for UNO insurance.
- In order to waive the charges, your plan must be reviewed by Marcia Adler at Student Health Services, MBSC 1st Floor before September 14, 2007

This must be done each semester!



Maverick football team looks to settle score in home-opener against Northwest Missouri State

SEAN OWENS
SENIOR STAFF WRITER

The Maverick football season opened up with a tone setting 42-24 victory over cross-state rival Nebraska-Kearney on the road last Saturday night.

On Sept. 8 the Mavs will bring their victory home for a showdown with the Division II American Football Coaches Association's second-ranked team in the nation, Northwest Missouri State.

The Bearcats, coming off of a 21-0 win over Arkansas Tech, will be ready for a solid Maverick team that they clawed by Northwest Missouri State 31-0 on the road one year ago.

In 2007 the scenery will change. This year the Bearcats will not have the luxury of hibernating in their den before game time.

"Home field advantage is exactly what it is. Having your fans and the comfort of your own field is what it's all about," said Zach Miller, UNO's starting quarterback.

The Mavericks, anticipating a full-blown grudge match, will be looking to avenge last year's loss in front of a fully supportive UNO fan base this Saturday night.

The defense, which operated well in the opener against UNK, must bring it again and then some. The defensive performance in last year's game resulted in 260 yards passing and two touchdowns for the Bearcats. They also allowed another two touchdowns on 104 yards rushing. The stout defensive line in 2007 should be up to the task for this year's rematch.

In last year's contest, the Mavericks went home without a single score. The one positive they can take into this year's match-up is that there were multiple opportunities to score in last year's lashing.

The negative is that the Mavericks squandered those opportunities in the red zone and turned the ball over to the Bearcats twice in the second half.

well for the Mavs, because it shows that they can play ball with these guys. But they still must execute on every red zone opportunity presented to them.

In the first game of the year, tailback Brian McNeill ran for 175 yards and two touchdowns. This performance should render an indefinite respect for the running game, both north-south and east-west.

"He's a really explosive back," Miller said. "Every time he touches the ball he has the ability to take it to the house."

The passing game also functioned well against UNK, due in large part to Miller's cannon for an arm. The junior signal-caller completed 13 of his 20 passes for 175 yards and a touchdown to go along with another score on the ground.

The offensive line production, something usually overlooked in the stat book, was in full force against UNK. Despite a few costly holding penalties, the line was flattening defensive lineman with reckless abandon. They will need more of that against the Bearcats, who have appeared



photo by Michelle Bishop

Junior quarterback Zach Miller fires a pass during last Saturday's victory at Kearney. The preseason All-American will bring over 2,500 total offensive yards as a Maverick into Saturday's contest.

"Last year we had a lot of missed opportunities," Miller said. "We had 17 plays that we ran inside the 15 yard line and we came up with no points. We have to capitalize on the key opportunities in the red zone."

However, the stats from last year's result mirrored much similarity to that of the Bearcats. On paper, this bodes

in two straight Division II National Championship games.

"This team is No. 2 in the nation," said Miller. "They're a great team and it's a great challenge for us, but we'll be prepared."

Fans can come cheer for the Mavs at Caniglia Field on Sept. 8 at 6 p.m.

From MEMOS: Page 2

back upon the university.

"It is rather regrettable that DePaul is carrying on the spirit of Chicago's Al Capone rather than St. Vincent DePaul," Finkelstein said.

During the long struggle over his tenure, DePaul was besieged with

letters and e-mails by Finkelstein's supporters and detractors. Finkelstein has engaged in a long running battle with Harvard University law professor Alan Dershowitz, a strong supporter of Israel. Among Finkelstein's supporters have been academic heavyweights such as Noam Chomsky, social critic and linguist, and the late Raul Hilberg, the dean of Holocaust historians.

Two years ago, Rev. Dennis Holtschneider, DePaul's president, seemed to be in Finkelstein's camp. When supporters of another fired faculty member alleged he was being muzzled and asked why Finkelstein wasn't, Holtschneider replied that Finkelstein's presence on campus marked DePaul's commitment to freedom of inquiry.

In June, however, Holtschneider endorsed the finding of the school's

tenure board that Finkelstein be denied tenure.

Denise Mattson, associate vice president for public relations, said Sunday that the university couldn't comment on the memos obtained by the Tribune, which it considers personal documents.

She added: "The reason for the administrative leave was not related to the tenure decision but rather to unacceptable behavior exhibited on campus in June."

Finkelstein denied picking or perpetuating a fight with the university, saying he continues to hope for negotiations to resolve the issue on conditions acceptable to both sides.

But, he added, he intends to leave with his head held high, his reputation intact.

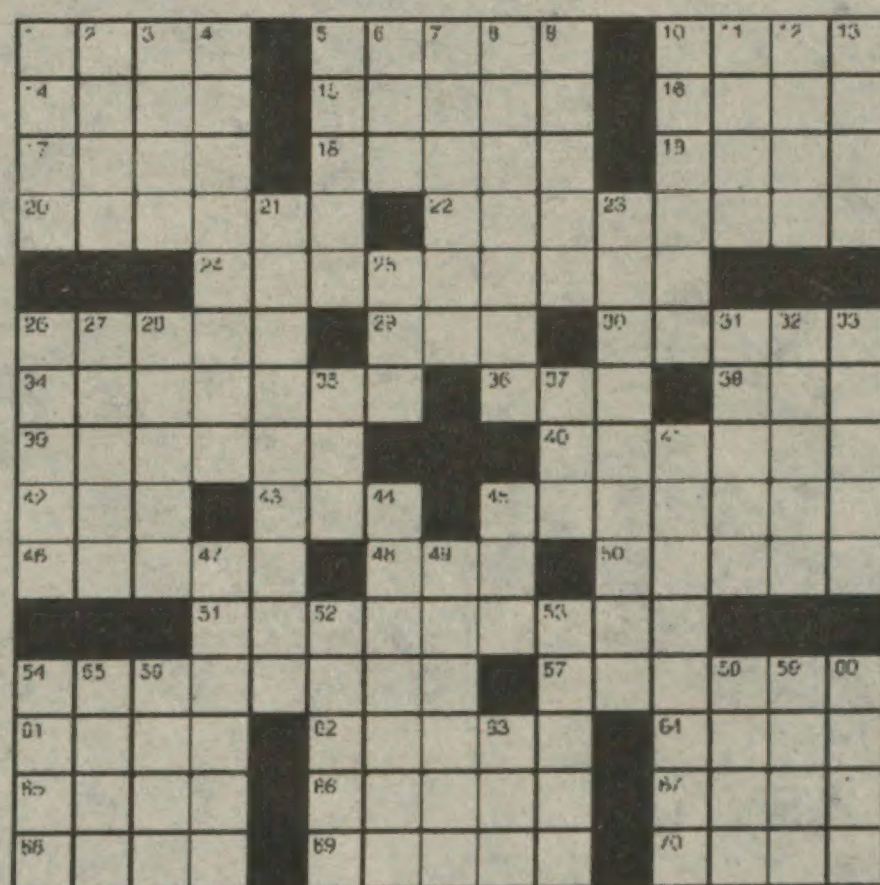
He cited the example of a folk-singer, actor and

civil-rights crusader long celebrated on the political left.

"One of my heroes is Paul Robeson, who said 'I will not retreat one thousandth part of one inch,'" Finkelstein said. "And I won't either."

Crossword

- ACROSS
- Actor Guinness
 - New Guinea
 - Italian sauce
 - Corpse
 - Become violent
 - Building wings
 - Secret retreat
 - To the point
 - Putting face
 - Templ
 - Metabolic disorder
 - Canary Islands city
 - The Seven Year Itch star
 - Cry of discovery
 - The Forbidden City
 - Out of the rat race
 - Org. of Giants
 - Hoi spring
 - B-complex component
 - Spring holy day
 - Ovum
 - Links grp.
 - Muddling
 - Valentino role
 - Permission word
 - Our world
 - Pennsylvania city
 - Black-and-white game
 - Revolves around
 - Bowls over
 - Metric units
 - Asian sea
 - Actress Russo
 - English race course
 - Brief message
 - Cuts short
 - Wingless features
 - Do beaver's work



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9/15/07

Solutions

DOWN

- Up to it
- Bank offering
- Correct text
- In the Russian alphabet
- Rose and Sampras
- Metric measure
- Muslim sex segregation
- Greek letter
- Poppard's TV group
- Interlock anew
- Heaps
- Sticking stuff
- Applications
- Ironman of the Orioles
- Crooner
- School of whales
- Ocean raptors
- Use a scale
- French floor
- Moving about
- All done in
- Gutural scream
- E.S.L. part
- Govt. agent
- With force and much noise
- Massachusetts college
- Vote for
- Sacred Egyptian birds
- Lorraine
- Forum fashions
- Party-givers
- Act boldly
- Writer Wister
- Fix
- Remove wrinkles
- Casual farewell
- Offed
- Pop's partner

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Mav-Rec

Campus Recreation

Health, Physical Education and Recreation Building Hours

Monday - Thursday: 6:30 AM - 11:00 PM

Friday: 8:30 AM - 7:00 PM

Saturday: 8:30 AM - 7:00 PM

Sunday: 12:00 PM - 10:00 PM

Mav-Rec
IM Sports



Fall Track Meet

Register: August 27 - September 9
Event: September 9



Registration is 3 easy steps!

1. Form a team of friends
2. Fill out the sports registration form
3. Pay the deposit fee

Also, ask about being a free agent! If you don't have a team you will be assigned to one!

Questions Call: 554-2634
Register in HPER 205 or at
Canigila Field at
9:45am day of event.

Mav-Rec
Fitness and Wellness

Corporate Cup Run/Walk

All UNO students, employees and their families are invited to join thousands of others and participate in the 27th Annual Omaha Corporate Cup Run/Walk. Participants can choose either the 10k run or 2 mile walk.

When: Sun. Sept 16, 2007 • 8:15am

Where: Omaha Civic Auditorium

Cost: \$15.00 UNO Activity Card Holders

\$19 Families of UNO Activity Card Holders

Late Registration until Sept. 10th.

Register in HPER 100.

Questions: Dave Daniels 554.2008 or Jessica

Dozark 554.3917

Stop by the Campus Rec Office for a 10K training program for beginners.

Swing, Ballroom/Latin

Want to dance like the stars? Learn it all! Classes are held in HPER 230. Register in HPER 100. Questions? Call 554.2539.

4 Weeks

Sundays Sept 16, 23 Oct 14, & 28

UNO Activity Cardholders

	One Class	Both Classes
You	\$15	+\$5
Friend	\$13	+\$5
Without UNO Activity Card		
You	\$18	+\$5
Friend	\$15	+\$5

Mav-Rec
Aquatics

Pool Hours

Mon/Wed	6:30-9:00am 11:00-1:00pm 4:00-9:00pm
Tues/Thur/Fri	6:30-9:00am 11:00-1:00pm 4:00-7:00pm
Saturday	1:00-4:00pm
Sunday	2:00-7:00pm

Mav-Rec
Outdoor Venture Center

General Classes & Workshops

Basic Map & Compass

Classroom: Thurs, Sept 13 7:05-9:45 pm

Field: Sat, Sept 15 9am - 5pm

This class gives beginners the basics of map and compass work. It focuses on reading a topographic map, terrain association, and plotting a course with a compass. The class will culminate with a field trip to Hitchcock Nature Preserve to practice our skills.

Registration Cost: \$13 UNO/\$17 GP

Late Fee: + \$5 after 9/7

Mountain Biking

Swanson Park

September 11 & October 9

Swanson Park offers approximately 5 miles of awesome entry-level mountain biking. The single track trails are flat and fun, a superb place for peddlers of all abilities. Take 72nd Street, south to Cornhusker Highway, turn left on Cornhusker and take it to 36th Street, turn left again and go north to Swanson Park and the Bellevue Volunteer Fire Department. Turn left and meet in the parking lot.

Climbing Wall Special Events

Ladies' Night

Sept 12 Oct 10 & Nov 7

4:00pm-Close



Ladies get free rental equipment and belay course. (General Public must still pay the \$5.25 per person guest entrance fee)

Classified Ads

NOTICES

Advertising will be rejected that discriminates based on age, race, color, national origin, religion, sex, disability, marital status or sexual orientation.

LOST & FOUND

FOR ITEMS LOST AT UNO

Contact Campus Security, EAB 100, 554-2648.

Turned-in items can be claimed by a description and proper identification.

Advertising for items lost or found on the UNO campus will be published free in the Gateway for two weeks. Forms are available at the Office located in Milo Bail 1st Floor.

HELP WANTED

Looking for a nanny 2-3 days a week for our 7 month old. Days flexible. Hours usually 8-5. Call 502-4270 if interested.

NannyCare Connections 201-2223

Call for more information on the most rewarding, highest paying job opportunities in the field of childcare. PT and FT

Evening nanny needed. Wonderful West Omaha family with 4 children. 402-201-2223

TUTOR/THERAPIST NEEDED

Bright, caring, dependable individual needed to work with my 11 year old son with special needs. I run an applied behavior analysis program with him which uses repetition and positive reinforcement to help him learn. No experience is needed - professional training will be provided and continued on an ongoing basis. Perfect for a psychology or education major! Starting salary \$10/hour based on experience. Please call Cristina (402)916-9785.

The Citrus Lounge is now hiring Bartenders Servers Security & Door Cashier. Apply in person Tues-Sat after 3pm. 14616 West Center Rd.

Fitness Trainers needed at Fitness Together. Will certify. Great career opportunities. Morning and evening shifts available. Call Nick (402) 932-5346

BABYSITTER WANTED

Babysitter wanted in our SW Omaha home for 2 boys, 20 months and 9 months old. 7:30-4:15 1-2 days per week. \$6.00 per hour. Call Stacey 301-4650.

Background check and references required.

Aquatics Instructor

Alegent Health Lakeside Wellness Center Am. Red Cross WSL/ Lifeguard Certified Instructor to teach children's swim lessons. Will train ind. w/past teaching experience. Wed. 4-6:00pm /Sat. 10:00am-12:00noon. Mbrship to Health Club w/pay. Call Kathy Powers@ 758-5709

Halloween Express Needs

You! 4833 S 72nd Street 597-2921 Part Time Help Needed Various Shifts Available Sales Floor/ Stocker/ Cashier \$7.50/ hr Fun and Exciting

CHILDCARE

Millard Public Schools Kids Network is looking for childcare staff. Various locations, before & after school. Great pay, bonus, tuition reimbursement. Apply at 14755 Grover St. 8-4pm

Things Remembered at Westroads Mall is now hiring for part-time sales & engraving positions. Flexible hours, days, weekends, and evening shifts. Help create memorable engraved gifts for all occasions in a fun atmosphere. Looking for energetic outgoing personalities. Apply in person or call 393-5313. Full-time Asst. Manager position also available.

Sherwin Williams

Fun Work Environment! Part Time Day & Evening Hours Available Looking for fun, motivated people to join our staff! These positions may include customer service, running a register,

stocking, and driving a delivery van. Please call Alisa or Brandon at 333-4448 or stop by 2735 S. 140th St Omaha, NE

Nanny/Driving Help

Busy family of school age children needs after school help to/from sports activities. M/F. 4-7pm. References required. 90th & Dodge area. Please call Martha. 880-7940

Employees Wanted

Sheridan's Frozen Custard @ 180th & Center. Shift 10am-4pm w/ flexible days. Call 408-1989

OLIVE GARDEN

Hiring for all positions. Especially full & part time servers & hosts. Flexible hours. Competitive pay. Fun work environment. 75th & Dodge

ROOMMATE WANTED

Room4rent in townhome located @ 154th & Harrison. \$400/month. Includes util/cable/ internet. Call Michael at (402) 440-0799 evenings for more information.

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PIANO INSTRUCTION Experienced, caring teacher with Master's Degree. Children & adults of all ages welcome. Donna Zebolsky 991-5774.

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FOR SALE

Record album and furniture sale. Over 5000 albums and 45's. \$.75 ea or 50 for \$25.00. Most furniture 20% off. Now thru the end of Sept. 4679 Leavenworth. Call for hours 660-0778. Open Tues-Sunday.

HOUSING

APTS., HOUSES and sleeping rms. for rent, roommate lists - call UNO off-campus Housing Referral Service at 554-2383 or stop in the Admin. Office, Milo Bail Student Center.

For Sale

2 Bedroom condo, 900 sq.ft. 120 S 38 Ave #4. \$59,260. Call Harold Lile for appointment. 740-2004 CBSHOME Real Estate

EVENTS

Huge charity garage sale 712 So. Saddle Creek Rd. All items donated. No Junk! Furniture, antiques, knick-knacks and more great stuff to decorate and furnish your dorm or apartment. Sat Sept 8, 9-4 Sun Sept 9, 10-2

FOR RENT

Willow Park Apartments And Townhomes AVAILABLE NOW: 1 Bedroom apartments 2 Bedroom with Den 2 Bedroom Townhomes 3 Bedroom apartments Washer and dryer included! Just minutes from the interstate! 9605 Park Drive Omaha, NE 68127 402-339-1110 www.broadmoorcc.com

ANNOUNCEMENTS

Sigma Alpha Lambda, a National Leadership and Honors Organization with over 70 chapters across the country, is seeking motivated students to assist in starting a local chapter (3.0 GPA Required). Contact Rob Miner, Director of Chapter Development at rmminer@salhonors.org

Scholastic Book Fair Books for Everyone! Dates: September 12th and 13th Time: 9am-5pm Location: Kayser Hall-COE Sponsored by Kappa Delta Pi



photo by Patrick Doty

Gateway bunny

A bunny was spotted on campus over Labor Day weekend. As summer unofficially ended, the bunny reminded us that there is only 195 days until the first day of spring. Happy Easter!

From **CAVEMAN**: Page 7

to be a send-up of racial relations. Its prehistoric denizens battle prejudice in modern-day Atlanta, where fitting in is a constant struggle. Earlier this summer, TV critics mostly slammed the pilot episode, which was filled with broad humor and heavy-handed depictions of societal stereotypes. It is undergoing a makeover, including a cast change.

Still, executive producer Will Speck, who worked on the ad spots, doesn't believe it's such a stretch to envision *Cavemen* as a series.

"When we were making the commercials, we just felt like there were more stories to tell," he says. "And I think it starts in the purest place, which is us feeling like there's love and affection for these characters from us. And I think, if we do our jobs right, people will follow suit."

They have their work cut out for them, according to Brooks, who says the key is to deliver something unexpected.

"You can only live off that title for the first 10 minutes or so," he says. "But then you've got to throw the audience a curveball and/or be better than anticipated."

A good example of a high-concept show that pulled it off was *ALF*, which debuted on NBC in 1986 and was pegged to a furry little alien creature who crash-landed in the garage of a suburban family. Yes, it sounded totally bizarre, but the curveball of *ALF* was the fact that the title character

was not a cuddly puppet, but a gruff-voiced crank who commented with sarcastic wit on the foibles of earthlings. In its second season, *ALF* shot into the Nielsen Top 10.

"It was so much more than just a kiddie show," Brooks says. "And it underscored the fact that you need to reserve judgment about a show until you actually see it."

More recently, *3rd Rock From the Sun*, with a very different form of aliens, enjoyed a successful run on NBC (1996-2001), where it served as a dizzying allegorical analysis of human nature. On the drama side, *Buffy the Vampire Slayer* (1997-2003) is a great example of a clever, well-crafted show that proved to be so much more than a fanciful premise.

Still, they are rare exceptions to the rule. Television history, after all, is also littered with shows with far-out setups that were Nielsen flops. Among the notable failures over the past decade: *Homeboys in Outer Space* (two guys travel from planet to planet seeking fame and fortune), *Teen Angel* (dead boy with wings guides his Earthbound pal), *The Secret Diary of Desmond Pfeiffer* (a fictional butler in the Lincoln White House), and *Meego* (Bronson Pinchot as a 9,000-year-old space alien).

"Off-the-wall concepts are tough to pull off," says Brooks. "Once you get people into the tent, you've got to have characters. You've got to have a voice."

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